

# ICT in career and guidance counselling

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# Information & society

Fuel for knowledge creation

Need to transfer knowledge within society

Life long learning perspective

Information is distributed at a higher speed

Use technology to distribute information

Information use

# Information literacy

- To know when you need information
- To be able to find/locate information
- Able to “meta gildi upplýsingar
- Can use information in a responsible way
- Know when you are in need of information (Prag 2003)
- Use information effectively
- Life long learning perspective

# Career information literacy

Being able to use information to promote  
career development

# Access to guidance

- Political decisions in various countries made to widen access to guidance
- Policy making – EU Life long learning

# ICT and counselling

- Cybercounselling
- Distance counselling
- Online counseling
- Web counselling

# Format of communication

- Email
- Access controlled web based communication systems
- MSN – Chat rooms
- Distance meetings – Adobe connect

# What do we need to keep in mind?

Who is the client?

What does he need?

Modes of communication

Use of Information systems



**What's on your mind?**

# Pros

Reach individuals that normally wouldn't seek career and guidance counselling

Reach individuals who don't have easy access to career and guidance counselling

# Cons

Who am I talking to?

Lack of ICT skills

Access to ICT

Ethical issues

Technical issues

Confidentiality Issues

# What skills are needed?

- Computer skills
- Writing skills
- Communication skills
- Timing

# Use of information in guidance

Location of information

Authentication

Find, gather, organize, evaluate and distribute